

July 13-16,2017
Lake Placid Training Center
Lake Placid, NY

The Volleyball Factory Accelerated Development Camp is designed to help player raise their overall game to a new level. Players will have the opportunity to **work with former college players and coaches** who know what college coaches look for in volleyball prospects. Take advantage of this opportunity to learn from the best and get an edge on your competition!

Volleyball Factory Summer Training Camp Benefits:

Three Days of Intense Training and Gameplay With Professional Coaches

- Work one-on-one with our pro instructors to improve your serving, attacking, blocking, digging and setting.
- Our coaches will identify areas to improve and together will come up with an action plan to fix your weaknesses and improve your strengths.

Volleyball Specific Speed and Strength Training

- Help improve your jumping ability and lateral quickness.
- Leave with speed and strength workouts you can continue at home.
- These workouts will help you become the best player you can be, as well as prevent injury.

Train With Volleyball Factory's Experienced Staff

- Our staff includes Volleyball Factory's own Nicole Fawcett:
 - 4 time All American and 2 time National Champion at Penn State
 - 2008 AVCA National Player of the Year and Honda Award winner
 - Former US National Team Member

Receive Updates to your Volleyball Factory Player Page

- Game footage from the event will be uploaded to your personal player web page
- Your page will be updated with a written evaluation based on your performance at the Volleyball Factory Summer training camp
- You will be able to email the link to the web page directly to college coaches from promotion and instant college exposure



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| Date: | Thursday, July 13 – Sunday, July 16, 2017 | |
| Location: | Lake Placid Training Center 196 Old Military Road Lake Placid, NY 12946 | |
| Lodging Info: | <u>Volleyball Factory Headquarters</u> Lake Placid Training Center 196 Old Military Road Lake Placid, NY 12946 (518) 523-2600 | <i>*Players rooming with another player Volleyball Factory will provide parents attending the event with information regarding hotels in the area.</i> |
| Travel/Itinerary: | July 13: Player Arrival (between 8am-11am at Albany International Airport), Check in (3:00 PM), Welcome Meeting, Dinner, On-Court Training. July 14-15: Breakfast, Training, Lunch, Training, Dinner, Training, Meetings July 16: Breakfast, Training, Lunch, Training/Q & A session, Player Departure (after 4pm) | |
| Past Coaches Include:* | <p>Nicole Fawcett: Nicole player collegiate volleyball at Penn State University from 2005-2008 where she was a four time All American and was the 2008 AVCA National Player of the Year, the Big Ten Player of the Year and the Honda Award winner as the nation's top collegiate volleyball player. As a member of Team USA, Nicole was selected as the most valuable player and best opposite of both the 2015 and 2016 NORCECA Olympic Qualification Tournaments and was selected Best opposite in the 2016 Pan American Games. Nicole currently works as a coach for Volleyball Factory.</p> <p>Candace McNamee: Candace played her collegiate volleyball at University of California, Berkeley from 1998-2001. She ranks fifth on the school's all-time list with 3,622 assists and is tied for eighth with 102 career aces. She is also the only student-athlete in program history to record three triple-doubles during her career. After an 11-year career playing professionally on the international level, Candace now coaches at her high school alma mater, Sidwell Friends School in Washington, DC, where she was a high school All-American her senior year.</p> | |
| Important Event Info: | <ul style="list-style-type: none"> ◆ Players traveling alone will meet Volleyball Factory representatives at baggage claim ◆ Players are transported in charter buses/vans from site to site ◆ Players are fully supervised 24 hours a day ◆ All player lodging and meals will be covered throughout the duration of the event ◆ Players will receive an Under Armour jersey ◆ Players will receive access to Volleyball Factory's Recruiting, Education & Development (R.E.D.) Manual via online Member's Section. ◆ Players receive a detailed player info pack upon registration ◆ Parents welcome | |

*Coaching staff, general itinerary and lodging subject to change.
 Check with your Player Development Coordinator for most up-to-date information.