

VOLLEYBALL FACTORY WINTER TRAINING IN COLORADO SPRINGS

December 27-30, 2016 U.S. Olympic Training Center in Colorado Springs Colorado Springs, CO

The Volleyball Factory Winter Training in Colorado Springs combines world-class instruction with the life-changing experience of playing at the U.S. Olympic Training Center in Colorado Springs, **the same facilities used by Team USA!** Player will have the opportunity to train with the best coaches in the nation at Olympic-level facilities! Join Volleyball Factory for four days in beautiful Colorado Springs and leave with the training and tools necessary to take your game to the next level!

Winter Training in Colorado Springs Benefits:

Four Days of Intense Training with Professional Coaches

- Work one-on-one with our pro instructors to improve your serving, attacking, blocking, digging and setting.
- Our coaches will identify areas to improve and together will come up with an action plan to fix your weaknesses and improve your strengths.



 By combining high-level training with competitive game play, our coaches will make adjustments to help you start your club season performing at your best!

Olympic-level Facilities

- This U.S. Olympic Complex is the flagship training center for the U.S. Olympic Committee and the Olympic Training Center programs.
- Eat, sleep, and train at the same facilities used by Team USA.

Receive a professional video on your Volleyball Factory Player Page that can be emailed for promotion to college coaches

- Our video crew will film you during game play at the Volleyball Factory Winter Training in Colorado Springs. We will edit the video to show you performing at your best.
- In addition to the video, we will update your personal player web page with a written evaluation based on your performance at the event.
- You will be able to market yourself directly to college coaches using the link to your web page.











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Date: Tuesday, December 27 – Friday, December 30, 2016

Location: The Volleyball Factory Winter Training in Colorado Springs will take place at the U.S. Olympic

Training Center in Colorado Springs, CO. Players will eat, sleep, and train at the first class facility

used by Team USA.

Lodging Info: Volleyball Factory Headquarters

U.S. Olympic Training Center

1750 E Boulder St

Colorado Springs, CO 80909

Itinerary*: December 27 Player Arrival (before 1 PM at Denver International Airport), Check-in,

Player/Staff Introductions, Evening Instruction and Presentation.

December 28-29 Breakfast, Morning Instruction, Lunch, Afternoon Instruction/Game

Situations, Dinner.

December 30 Breakfast, Morning Instruction/Game Play, Departure (after 2 PM at Denver

International Airport).

Coaches tentatively scheduled include*:

Cassy Marx: Cassy is the Director of Operations at Volleyball Factory. Before coming to the Factory, she was the assistant coach at Cardinal Stritch University for the men and women's volleyball program. While at Stritch, the women's team made school history making it to their first National Tournament appearance. Cassy played her collegiate volleyball at the University of Wisconsin-Parkside. She was primarily positioned as an outside hitter, but also spent time as a right outside hitter and trained as a setter.

Allison King: Allison is a Baylor University graduate where she broke Baylor record and moved to second all-time in the Big 12 with 2,110 digs. After graduation, Allison played overseas in Sweden as an outside hitter and is currently in the process of signing another contract to go back overseas. She is Volleyball Factory's resident defensive guru with years of experience at the libero position.

Important Event Info:

- ◆ Players will be greeted by Volleyball Factory representatives at baggage claim
- ◆ Players are transported in charter buses/vans from site to site
- ♦ Players are fully supervised 24 hours a day
- ♦ Players will eat three sit down meals a day
- ♦ No spending money needed
- ♦ Players will receive an **Under Armour jersey**
- ♦ Players will receive access to Volleyball Factory's Recruiting, Education & Development (R.E.D.) Manual via online Member's Section.
- ♦ Players receive a detailed player info pack upon registration
- ♦ Parents welcome

^{*}General itinerary and coaching staff subject to change. Check with your Player Development Coordinator for the most updated information.

